



YOUR LIFE. YOUR JOURNEY. YOUR FUTURE.

Part of CALA's *Self Discovery*
workshop series

Do you know the secret?

Join CALA for two engaging evenings exploring the power of mindset, belief, and intention. **March 2 - 3. 6:30 to 8:00pm**

Your future deserves a vision

This interactive two-evening workshop guides participants in creating a personalized vision board that reflects their goals and next steps. **March 9-10. 6:30 to 8:00pm**

Do you know what colour your personality is?

Discover how your personality influences the way we think, learn, and communicate. Gain insight into your strengths and learn how to use them more effectively. **March 16 - 24. 6:30 to 8:00pm**



Registration Required

Call CALA at 902-895-2468

Spots are limited. Your future is not.



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Turn curiosity into learning

Turn your curiosity into structured, meaningful learning. using digital tools and strategies. to explore a topic of your choice.

March 30 - May 12. 6:30 to 8:00pm

Micro Course. Big Impact.

Micro-credentials provide flexible, focused, bite-sized learning opportunities that can strengthen your skills, confidence, and resume. learn what micro-credentials are, where to access them safely, and how to use them to enhance your personal, volunteer, or career goals. **April 27 - 28. 6:30 to 8:00pm**

Stop Scrolling. Start Learning. *Learn Anything: Online*

Learn about online learning platforms and find trustworthy digital information. Take control of your learning journey and discover what the world has to show you. **April 20 - 21. 6:30 to 8:00pm**



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Colchester Adult Learning Association
966B Prince Street, Truro N.S.